

Your Wife is Crazy Clinic

Alexander J. Newman, PhD
1224 Yellow Wall Lane
West Hollywood, CA, 90046
123-456-7891

Re: Patient Jane

December 9th, 2017

Dear friends and family,

After many conversations with Jane, it is evident she has a plethora of different issues. She suffers from severe panic attacks--which only became worse the more times we met. Crazy Jane suffers from two different mental disorders: one being **Schizophrenia** and the other being **OCD, or Obsessive Compulsive Disorder**.

Jane will often imagine or “see” things that are not really there--one of the main symptoms of Schizophrenia. She exclaimed to me that she witnesses “The front pattern does move--and no wonder! The woman behind shakes it!” (Gilman, 7). You see, this is not humanly possible, however, Jane is completely convinced there are women “crawling” (Gilman, 7) through the walls. I have tried numerous times to tell her there are no such women crawling through the walls--she only becomes more aggressive and uncontrollable in response to my testimony. She will not stop trying to convince me that the woman is trying to “climb through” (Gilman,7) the patterns in the wall. Jane’s Schizophrenia is severe, however I feel that you may make matters worse rather than helping her with her issues. Isolating Jane in a room only adds to her disconnect from reality. Perhaps if she was not put into a room to drown in her thoughts she may have a closer connection to what is real and what is not.

Jane also suffers from Obsessive Compulsive Disorder--which is characterized by unreasonable thoughts or fears that leads to compulsive behaviors. In this case, Jane’s thoughts or fears are completely originated in the yellow wallpaper. Jane explained to me that she “peeled off all the paper [she] could reach standing on the floor” (Gilman, 9). She kept reiterating the reasons why she wanted to rip the wallpaper down: she had numerous. She told me she wanted to “astonish” (Gilman, 9) John with her brave actions of ripping down the wallpaper. I believe her compulsions are worsened by every second she is left sitting in that room. If you allowed her a little freedom she may not be so focused on all the crazy things she “sees” in the yellow wallpaper. I’m sure you are very well aware, but Jane is anything but plain.

Jane is anything but healthy. She is at a rough sport in her life and she needs your guidance and support to power through her life’s difficulties. It is with your help that Jane may be able to seem “ordinary” (Gilman, 1) to everyone else’s standards. If you aid her through her struggles she will

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be able to dodge the reaping she will receive from anyone that witnesses her craziness. If you fail to support Jane, I fear her disorders will only worsen and will ultimately cause death.

If you have another further questions, please DON'T call me--I'm a very busy man and I don't have all day to deal with a mad woman. However, if you feel one hundred percent inclined to call me, you can reach me by calling the number 123-456-7891. I wish the best of luck to you and Jane--you'll need it.

Sincerely,

Alexander J. Newman PhD